



Urban Tele Mental Health Services Information Sheet

What is Tele Mental Health Services?

Tele Mental Health is a referral base service that provides easy access to psychiatric assessment and consultations for families with infants, children and youth between the ages of 0-18 years old across the GTA region. What mental health issues are discussed and treated under the program? Some common concerns that are addressed under this treatment program are:


- Anxiety
- Depression
- Post-traumatic stress disorder
- Obsessive compulsive disorder
- Oppositional defiant disorder
- Eating disorders
- Personality disorders
- Concurrent disorders




How Does It Work?

To be eligible, the client needs to be assessed by a primary health care provider or a Community Mental Health Worker. This service uses live video broadcasting system to connect families and case managers to psychiatrists at SickKids Hospital. Team consultations and staff workshops are also available.

- Yorktown Family Services at **2010 Eglinton Ave West #300, York, ON.**

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