



**Jane Street Hub**  
 1541 Jane Street  
 Toronto ON M9N 2R3  
 Tel: 416-645-7575 ext.2911  
 Fax: 416-645-7580

# Program and Youth Calendar

## May 2018

Email: [info@yorktownfamilyservices.com](mailto:info@yorktownfamilyservices.com)

Website: [Yorktownfamilyservices.com](http://Yorktownfamilyservices.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 <b>Supporting Young Families</b> Jane Street Hub 4:30-6:30pm	4	5
6	7 <b>Connect 4</b> 4pm to 7pm	8	9 <b>Treat Yourself</b> Mental Health Forum 4pm to 7pm	10 <b>Supporting Young Families</b> Jane Street Hub 4:30-6:30pm	11	12
13 <b>Happy Mother's Day</b>	14 <b>Connect 4</b> 4pm to 7pm	15	16	17 <b>Supporting Young Families</b> Jane Street Hub 4:30-6:30pm	18	19
20	21 Yorktown Family Services will be <b>CLOSED</b> for Victoria Day	22	23	24 <b>Supporting Young Families</b> Jane Street Hub 4:30-6:30pm	25	26
27	28 <b>Connect 4</b> 4pm to 7pm	29	30	31 <b>Supporting Young Families</b> Jane Street Hub 4:30-6:30pm		

**Yorktown Family Services—Jane Street Hub  
Program and Youth Calendar for April 2018**

**Supporting Young Families**

**Thursdays 4:30-6:30pm at Jane Street Hub**

Free Drop In Parenting program for parents who are 25 years old and younger who are pregnant or have children ages 0-6 years old. Choose from: Prenatal & Nutrition Education, Mothers' Support Group, Food Experience Class, Fathers' Support group and Parent & Child group. Participants will receive TTC TOKENS, FOOD VOUCHER, DINNER, CHILD CARE (0-6 YRS). For more information please contact **Karina at 416-394-2424 extension 225 or Neeli at 416-645-7575 extension 2911.**

**SEEKING INTERESTED YOUTH! - Youth Mentorship Program**

Join our Youth Mentorship Program today! We are looking for youth between the ages of 12-25 who are interested in being matched with a positive caring adult over the age of 18 in a mentoring relationship. Mentee's will be supported by their mentors in areas of employment, education, academic achievement civic/community engagement, leadership and life skills. Mentors will further support youth by listening, validating and coaching them about navigating life and negotiating relationships as a young adult. If you are a youth interested in being matched with a mentor or would like more information, please contact: **Naomi at 416-645-7575 ext. 2060** or via email at **naomib@yorktownfamilyservices.com**

**CONNECT 4!!!**

**Mondays from 4pm to 7pm**

Join us for a new collaboration with the Youth Mentorship Program and the Youth Development Team. Come and interact with other youth in a positive space where you can **BE YOURSELF** and **EXPRESS YOURSELF!** For more information you can contact **Naomi at 416-645-7575 ext. 2060** or via email at **naomib@yorktownfamilyservices.com.**

**Treat Yourself: Gateway to a Healthy You**

**May 9th 2018 4pm to 7pm**

In celebration of Children's Mental Health Week, come join us for this one day Mental Health Forum where you can explore different ways of taking care of your mental health and wellbeing. There will be various talks and discussions that will cover topics like safe communication, healthy relationships, mindfulness, self-acceptance, self exploration, strategies for stress, etc. Refreshments will be served and TTC tokens will be provided. For more information please call **416-645-7575 ext. 2911.**



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de l'agrément



**United Way**  
Greater Toronto



**Ontario**  
Ministry of  
CHILDREN AND  
YOUTH SERVICES

*If you need **any** type of special support to participate or have access to our materials, please contact Human Resources at x222. Support persons accompanying someone to our services are most welcome.*