



Jane Street Hub
 1541 Jane Street
 Toronto ON M9N 2R3
 Tel: 416-394-2424
 Fax: 416-394-2689

January 2019



Email: info@yorktownfamilyservices.com

Website: Yorktownfamilyservices.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>New Years Day</i>	2	3	4	5
6	7	8 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	9	10 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	11	12
13	14 Connect 4 4pm to 7pm	15 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	16	17 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	18	19
20	21 Connect 4 4pm to 7pm	22 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	23	24 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	25	26
27	28 Connect 4 4pm to 7pm	29 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	30	31 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	<div style="border: 1px solid black; padding: 5px;"> <p>For more information on Programs and Mental Health Services available to Children and Families refer to Infant, Child and Youth Mental Health Calendar, call 416-394-2424 or visit our website.</p> </div>	



**West Toronto Youth Hub
Is now offering:
CHOICES Program**

**Early Intervention and Prevention Substance Use program
for youth ages 12-17**

**Register now for FREE 10 week program starting:
Tuesday January 8th 2019**

**Informed Decision Making • Communication • Problem Solving
Coping Skills • Self Awareness**

Time
Tuesday 4:30pm to 6:30pm starting January 8th 2019 for 10 weeks

Location
Jane Street Hub, 1541 Jane Street Toronto ON, M9N 2R3

Contact
Neeli Grewal: 416-645-7575 ext. 2911 or
neelig@yorktownfamilyservices.com

Student TTC Tickets will be provided



*If you need any type of special support to participate or have access to our materials, please contact Human Resources at x222.
Support persons accompanying someone to our services are most welcome.*

**Supporting Young Families
Thursdays 4:30-6:30pm at Jane Street Hub**
Free Drop In Parenting program for parents who are 29 years old and younger who are pregnant or have children ages 0-6 years old. Choose from: Prenatal & Nutrition Education, Mothers' Support Group, Food Experience Class, Parent & Child group. Participants will receive TTC TOKENS, FOOD VOUCHER, DINNER, CHILD CARE (0-6 YRS). For more information please contact :
Karina at 416-394-2424 extension 225 or Neeli at 416-645-7575 extension 2911.

**Youth Walk-in Counselling at the West Toronto Youth Hub
Tuesday 2pm to 5pm (last session at 3:30pm)
Thursday 3pm to 7:30pm (last session at 6pm)**
Now you can access free mental health counselling services at West Toronto Youth Hub's new walk-in clinic for youth ages 12-24. Offered two days a week, there is no appointment, referral or health card necessary. For more information, please call **416-394-2424 ext. 221.**

SEEKING INTERESTED YOUTH! - Youth Mentorship Program
We are looking for youth between the ages of 12-25 who are interested in being matched with a positive caring adult over the age of 18 in a mentoring relationship. Mentee's will be supported by their mentors in areas of employment, education, academic achievement civic/community engagement, leadership and life skills. Mentors will further support youth by listening, validating and coaching them about navigating life and negotiating relationships as a young adult. If you are a youth interested in being matched with a mentor or would like more information, please contact:
Naomi at 416-645-7575 ext. 2060 or via email at naomib@yorktownfamilyservices.com or
Vhil at 416-645-7575 ext. 2010 or via email at vhilc@yorktownfamilyservices.com.

**CONNECT 4!!!
Mondays from 4pm to 7pm**
Join us for a new collaboration with the Youth Mentorship Program and the Youth Development Team. Come and interact with other youth in a positive space where you can BE YOURSELF and EXPRESS YOURSELF! For more information you can contact:
Naomi at 416-645-7575 ext. 2060 or via email at nomib@yorktownfamilyservices.com.