



Jane Street Hub
 1541 Jane Street
 Toronto ON M9N 2R3
 Tel: 416-394-2424
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February 2019



Email: info@yorktownfamilyservices.com

Website: Yorktownfamilyservices.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Connect 4 4pm to 7pm	5 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	6	7 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	8	9
10	11 Connect 4 4pm to 7pm	12 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	13	14 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	15	16
17	18 Yorktown Family Services will be closed for Family Day	19 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	20	21 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)	22	23
24	25 Connect 4 4pm to 7pm	26 Youth Walk-in Counselling 2pm to 5pm (last session at 3:30pm) CHOICES Program 4:30-6:30pm	27	28 Supporting Young Families 4:30-6:30pm Youth Walk-in Counselling 3pm to 7:30pm (last session at 6pm)		



West Toronto Youth Hub
is now offering:
CHOICES Program

Early Intervention and Prevention Substance Use program for youth ages 12-17

**Register now for the FREE 10 week program starting:
Tuesday January 8th 2019**

Informed Decision Making • Communication • Problem Solving • Coping Skills • Self Awareness

Time
Tuesdays 4:30pm to 6:30pm starting January 8th for 10 weeks

Location
Jane Street Hub, 1541 Jane Street Toronto, ON M9N 2R3

Contact
Neeli Grewal - 416-645-7575 ext 2911 - neelig@yorktownfamilyservices.com

Student Tickets will be provided



Yorktown Family Services is committed to ensuring our services are accessible to people with disabilities. If you require any type of special support to participate, please contact the Human Resources department at 416 394-2424, ext. 222

West Toronto Youth Hub Calendar for February 2019

Supporting Young Families

Thursdays 4:30-6:30pm at Jane Street Hub

Free Drop In Parenting program for parents who are 29 years old and younger who are pregnant or have children ages 0-6 years old. Choose from: Prenatal & Nutrition Education, Mothers' Support Group, Food Experience Class, Parent & Child group. Participants will receive TTC TOKENS, FOOD VOUCHER, DINNER, CHILD CARE (0-6 YRS). For more information please contact : **Karina at 416-394-2424 extension 225 or Neeli at 416-645-7575 extension 2911.**

Youth Walk-in Counselling at the West Toronto Youth Hub

Tuesday 2pm to 5pm (last session at 3:30pm)

Thursday 3pm to 7:30pm (last session at 6pm)

Now you can access free mental health counselling services at West Toronto Youth Hub's new walk-in clinic for youth ages 12-24. Offered two days a week, there is no appointment, referral or health card necessary. For more information, please call **416-394-2424 ext. 221.**

SEEKING INTERESTED YOUTH! - Youth Mentorship Program

We are looking for youth between the ages of 12-25 who are interested in being matched with a positive caring adult over the age of 18 in a mentoring relationship. Mentee's will be supported by their mentors in areas of employment, education, academic achievement civic/community engagement, leadership and life skills. Mentors will further support youth by listening, validating and coaching them about navigating life and negotiating relationships as a young adult. If you are a youth interested in being matched with a mentor or would like more information, please contact:

Naomi at 416-645-7575 ext. 2060 or via email at

NaomiB@yorktownfamilyservices.com or

Vhil at 416-645-7575 ext. 2010 or via email at

vhilc@yorktownfamilyservices.com.

CONNECT 4!!!

Mondays from 4pm to 7pm

Join us for a new collaboration with the Youth Mentorship Program and the Youth Development Team. Come and interact with other youth in a positive space where you can BE YOURSELF and EXPRESS YOURSELF! For more information you can contact:

Naomi at 416-645-7575 ext. 2060 or via email at

nomib@yorktownfamilyservices.com.

CHOICES Program

To learn more about future sessions, or to register for the program, please contact **Neeli Grewal at 416-394-2424 ext. 2911.**