



**West Toronto Youth Hub**  
 at the Jane Street Hub  
 1541 Jane Street  
 Toronto ON M9N 2R3  
 Tel: 416-394-2424  
 Fax: 416-394-2689

# August 2019



**Email:** info@yorktownfamilyservices.com **Website:** Yorktownfamilyservices.com **Facebook and Instagram:** @YorktownFamilyServices

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For more information on Programs and Mental Health Services available to Children and Families refer to Infant, Child and Youth Mental Health Calendar, call 416-394-2424 or visit our website.</p>				1 <b>Supporting Young Families 4:30-6:30pm</b> <b>Youth Walk-in Counselling 3pm to 7:30pm</b> (last session at 6pm)	2	3
4	5 <b>Centre Closed for Civic Holiday</b>	6 <b>Youth Walk-in Counselling 2pm to 5pm</b> (last session at 3:30pm)	7	8 <b>Supporting Young Families 4:30-6:30pm</b> <b>Youth Walk-in Counselling 3pm to 7:30pm</b> (last session at 6pm)	9	10
11	12 <b>Connect 4 4pm to 7pm</b>	13 <b>Youth Walk-in Counselling 2pm to 5pm</b> (last session at 3:30pm)	14 <b>RAINBOW West 4:30pm to 6:30pm</b>	15 <b>Supporting Young Families 4:30-6:30pm</b> <b>Youth Walk-in Counselling 3pm to 7:30pm</b> (last session at 6pm)	16	17
18	19 <b>Connect 4 4pm to 7pm</b>	20 <b>Canada's Wonderland Youth Trip 9:30am-7pm</b> <b>Youth Walk-in Counselling 2pm to 5pm</b> (last session at 3:30pm)	21	22 <b>Supporting Young Families 4:30-6:30pm</b> <b>Youth Walk-in Counselling 3pm to 7:30pm</b> (last session at 6pm)	23	24
25	26 <b>Connect 4 4pm to 7pm</b>	27 <b>Youth Walk-in Counselling 2pm to 5pm</b> (last session at 3:30pm)	28 <b>RAINBOW West 4:30pm to 6:30pm</b>	29 <b>Supporting Young Families 4:30-6:30pm</b> <b>Youth Walk-in Counselling 3pm to 7:30pm</b> (last session at 6pm)	30	31

## West Toronto Youth Hub Calendar for August 2019

### **Supporting Young Families**

#### **Thursdays 4:30-6:30pm at Jane Street Hub**

Free Drop In Parenting program for parents who are 29 years old and younger who are pregnant or have children ages 0-6 years old. Choose from: Prenatal & Nutrition Education, Mothers' Support Group, Food Experience Class, Parent & Child group. Participants will receive TTC TOKENS, FOOD VOUCHER, DINNER, CHILD CARE (0-6 YRS). For more information please contact: **Karina at 416-394-2424 extension 225 or Neeli at 416-645-7575 extension 2911.**

### **Youth Walk-in Counselling at the West Toronto Youth Hub**

#### **Tuesday 2pm to 5pm (last session at 3:30pm)**

#### **Thursday 3pm to 7:30pm (last session at 6pm)**

Now you can access free mental health counselling services at West Toronto Youth Hub's new walk-in clinic for youth ages 12-29. Offered two days a week, there is no appointment, referral or health card necessary. For more information, please call **416-394-2424 ext. 221.**

### **CONNECT 4**

#### **Mondays from 4pm to 7pm**

Come, have fun, and interact with other youth in a positive space where you can BE YOURSELF and EXPRESS YOURSELF! Connect 4 is a drop-in group mentorship program that aims to connect you with friends, mentors, the community, and other resources! For more information you can contact:

**Vhil at 416-645-7575 ext. 2010** or via email at **vhilc@yorktownfamilyservices.com**; and **Sara at 416-645-7575 ext. 2060** or via email at **saraf@yorktownfamilyservices.com**.

### **Youth Mentorship Program**

#### **SEEKING INTERESTED YOUTH and MENTORS!**

We are looking for youth between the ages of 12-25 who are interested in being matched with a positive caring adult over the age of 18 in a mentoring relationship. Mentee's will be supported by their mentors in areas of employment, education, academic achievement civic/community engagement, leadership and life skills.

Mentors will further support youth by listening, validating and coaching them about navigating life and negotiating relationships as a young adult. If you are a youth interested in being matched with a mentor, or an adult who would like to volunteer as a Mentor, or would like more information, please contact: **Vhil at 416-645-7575 ext. 2010** or via email at **vhilc@yorktownfamilyservices.com**.

### **Rainbow West**

#### **Wednesdays Bi-Weekly starting on July 17th 2019 from 4:30pm-6:30pm**

Rainbow West is a safe and welcoming drop-in space for LGBTQ2S+ youth in West Toronto. Through this program, we seek to deliver regular peer-driven activities including social events, workshops, and trips to queer and trans youth in the area. For more information, contact **Vhil at 416-645-7575 ext. 2010** or **vhilc@yorktownfamilyservices.com**

### **Canada's Wonderland Youth Trip**

#### **August 20th 9:30am to 7pm**

Youth are invited to join the Youth Mentorship Program for a free trip to Canada's Wonderland! Come meet our program participants and mentors, and have some summer fun enjoying the world famous rides! Spots are limited and registration is on a first-come, first-served basis and includes a free pass, lunch, snacks, transportation to and from Wonderland, and TTC tokens/tickets. For more information and to register, please contact **Vhil at 416-645-7575 ext. 2010** or via email at **vhilc@yorktownfamilyservices.com**; and **Sara at 416-645-7575 ext. 2060** or via email at **saraf@yorktownfamilyservices.com**.



*If you need **any** type of special support to participate or have access to our materials, please contact Human Resources at x222. Support persons accompanying someone to our services are most welcome.*